STAY COOL AND SAVE

Small steps can help save money and energy while improving comfort

Keep the heat outside

Close window shades during the hottest part of the day to block radiant heat from the sun

Keep doors and windows closed when the outside temperature is warmer than inside your home

Open windows only when it is cooler outside, like at night or early in the morning

If you have an air conditioner

Set your thermostat to 72–75° F when you're home and a few degrees higher when away

Let your AC, vents, and fans breathe! Keep two feet of space around them free of furniture and other objects so they can work as efficiently as possible

Clean your AC filter regularly – check with maintenance if you need assistance

Avoid generating heat inside

Unplug electronics when not in use or use power strips – in addition to emitting heat, some electronics use energy when plugged in even when they are not in use

Replace heat-producing incandescent light bulbs with LEDs – which do not warm up spaces, are more efficient and last longer

Use a microwave, toaster oven or outdoor grill instead of your oven to avoid generating heat in your home

Did you know? Closing your shades or blinds during the day could help you reduce the heat entering through your windows by 77%!

This project is in collaboration with Energy Trust of Oregon's Strategic Energy Management program. Learn more at **www.energytrust.org/commercialSEM**.

EnergyTrust of Oregon